

# Monthly Worksheet

Date: \_\_\_\_\_ Meeting #: \_\_\_\_\_

Mentee: \_\_\_\_\_ Mentor: \_\_\_\_\_

## Current Month

What were the 3 positives & 3 negatives that happened this month? \_\_\_\_\_

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Did you work on your planned goal this month? \_\_\_\_\_

If yes, which objectives did you accomplish/work on? \_\_\_\_\_

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Were there any challenges associated with achieving the goal/objective? \_\_\_\_\_

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Lessons learned from working on this goal/objective; good or bad? \_\_\_\_\_

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Any changes to the goal/objective? \_\_\_\_\_

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Other Comments: \_\_\_\_\_

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## Upcoming Month

Goal/Objective to work on during the upcoming month? \_\_\_\_\_

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Any concerns about this goal/objective? \_\_\_\_\_

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Where to meet next month? \_\_\_\_\_

Would it be valuable to make contact before the next meeting? \_\_\_\_\_